



PZN: 09612331

Art-No.: 12497

Product information

L-Tryptophan 500 mg 90 capsules

Dietetic supplement.

For special medical purposes (complementary balanced diet) with the essential amino acid L-tryptophan for the dietetic treatment of insomnia in vegetarian capsules.

Ingredients:

L-tryptophan (80 %), capsule: hydroxypropylmethylcellulose (HPMC).

Important notice:

Complementary balanced diet. Must be used under medical supervision. The product should not be used as sole food source. Keep out of reach of young children. Do not take L-tryptophan simultaneously with other substances such as 5-HTP or drugs that increase the serotonin level.

Nutritional facts	per 100 g	per 2 capsules*
L-Tryptophan	80 g	1.000 mg
Energy	1534,9 kJ/367 kcal	19,2 kJ /4,6 kcal
Protein	80,1 g	1 g
Carbohydrates	<0,01 g	<0,01 g
Fat	0,8 g	0,01 g

* Recommended daily intake.

Store:

Store well closed in a cool, dry place.

Directions for use:

Take 1-2 capsules daily with plenty of water (at least 200 ml) 30 minutes before sleeping.

Content:

90 capsules/ e 56 g

Wirkung durch Wissen