

## Griffonia 5-HTP 50 mg

### Food supplement

with 5-hydroxytryptophan-containing (5-HTP) Griffonia simplicifolia seed extract.

Nutritional facts	per 3 capsules*
5-HTP	150 mg

\* Recommended daily intake



### Ingredients:

Bulking agent: microcrystalline cellulose, hydroxypropyl methyl cellulose (capsule), 5-HTP-containing Griffonia simplicifolia seed extract.

### Notice:

The recommended daily intake indicated should not be exceeded. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of children. Do not use when taking antidepressants at the same time. Not suitable for pregnant women, nursing mothers and children.

### Store:

Store well closed in a cool, dry place.

### Directions for use:

Take 3 capsules daily unchewed with sufficient water with or between meals.

Packaging size	PZN	Product number	Net quantity
120 capsules	08864711	12604	e 50 g