

LMIV mandatory information

L-Theanine Natural 250 mg

Food supplement

Standardized natural green tea extract with the L-Theanine amino acid (40%) and polyphenols (30%) in vegetarian capsules.

Nutritional facts	per 1 capsule*	per 2 capsules*
Green tea leaf extract	250 mg	500 mg
- thereof L-Theanine	100 mg	200 mg
- thereof polyphenols	75 mg	150 mg



* Recommended daily intake

Ingredients:

Green tea leaf extract (contains 40 % L-theanine), hydroxypropylmethylcellulose (capsule).

Notice:

The recommended daily intake indicated should not be exceeded. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Keep out of the reach of children.

Store:

Store well closed in a cool, dry place.

Directions for use:

Take 1-2 capsules daily with sufficient water, do not chew. Best before a main meal.

Packaging size	PZN	Product number	Net quantity
90 capsules	13251465	20334	e 29 g