

# Ferromarat® 14 mg

## Food supplement

Dietary mineral iron from ferrous fumarate and natural vitamin C from Acerola in stomach acidresistant vegetarian capsules.



Nutritional facts	per 1 capsule*
Acerola powder	200 mg
- thereof vitamin C	34 mg (42,5%**)
Ferrous fumarate	44,6 mg
- thereof iron	14,3 mg (102%**)

\* Recommended daily intake

\*\* of the nutrient reference value (NRV)

## Ingredients:

Acerola powder (67.9%), ferrous fumarate, hydroxypropyl methylcellulose and gellan (capsule), antioxidant: Ascorbyl palmitate.

## Notice:

The recommended daily intake indicated should not be exceeded. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Keep out of the reach of children.

## Store:

Store well closed in a cool, dry place.

## Directions for use:

Take 1 capsule daily with sufficient water, do not chew.

Packaging size	PZN	Product number	Net quantity
90 capsules	13476388	20268	e 26,5 g