

## LMIV mandatory information

# Omega-3 1000 mg

## Food supplement

Fish oil with the polyunsaturated omega 3 fatty acids EPA and DHA in softgel capsules that contribute to a normal heart health.

Nutritional facts	per 4 softgel capsules*	
Omega-3 fish oil	4000 mg	
- thereof eicosapentaenoic acid (EPA)	720 mg	
- thereof docosahexaenoic acid (DHA)	480 mg	



## Ingredients:

**Fish oil**, gelatine (capsule, **fish**), humectant: Glycerin, purified water.

#### **Notice:**

The recommended daily intake indicated should not be exceeded. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Keep out of the reach of children.

#### Store:

Store well closed in a cool dry place.

### **Directions for use:**

Take 2 softgel capsules 2 times a day with meals and with sufficient water, do not chew.

Packaging size	PZN	Product number	Net quantity
140 softgel capsules	13721801	20375	<b>e</b> 178 g

<sup>\*</sup> recommended daily intake

<sup>\*\*</sup> reference values in accordance with LMIV