

LMIV mandatory information

Vitamin D3 5000 I.U. Weekly Depot

Food supplement

With 5000 I.U. (125 μ g) natural vitamin D3 in vegetarian capsules. The weekly depot of 5000 I.U. equals a daily quantity of 714 I.U. (17,8 μ g).

Nutritional facts	per 1 capsule*	Corresponds to a daily dose of
Vitamin D3	125 µg (5.000 I.U.)	17,8 µg (714 I.U.; 356 %**)



Ingredients:

Bulking agent: microcrystalline cellulose, cholecalciferol (vitamin D3), hydroxypropylmethylcellulose (capsule).

Notice:

The recommended daily intake indicated should not be exceeded. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Keep out of the reach of children.

Store:

Store well closed in a cool, dry place.

Directions for use:

Take 1 capsule per week with a meal and with sufficient water, do not chew.

Packaging size	PZN	Product number	Net quantity
90 capsules	11161290	12972	e 16 g

^{*} Recommended daily intake

^{**} reference values in accordance with LMIV